

# Support Services

If you are in immediate  
danger phone 000



**13 11 14**

**SMS 0477 13 11 14**

24/7 Crisis Support



**13 92 76**

24/7 Aboriginal or Torres Strait  
Islander Crisis Support



**1800 55 1800**

24/7 Crisis Support



**1300 657 380**

9am-5pm / 7 days



**1800 737 732**

24/7 Domestic Family and Sexual  
Violence Counselling Service



**1800 184 527**

3pm-midnight / 7 days  
An LGBTIQ+ peer support and  
referral for people in Australia