

# Nursing

You work in aged care and often see the same patients. Today you have been asked to support a new patient who is presenting as distressed during personal care. The patient does not want support and appears distressed.

## Things to consider:

- 1 What are your first thoughts about what could be happening?
- 2 How could you respond to this patient?
- 3 Do you know how to respect and protect the patient's autonomy and comfort levels to try and prevent further distress and trauma?
- 4 Are you aware of the different types of sexual violence, including child sexual abuse, that can contribute towards a trauma response?
- 5 How could you find out about the way other Nursing staff have supported this patient?

Safer spaces  
must include  
consent and  
choice

Everyone can  
contribute  
towards safety

